

YouHEALTH

NEWSLETTER 1

PREPARE YOUNG TO FACE HEALTH AND NATURAL DISASTERS

PROJECT NO.: 2023-1-TR01-KA220-YOU-000164951

The YouHealth project aims to enhance the well-being and resilience of disadvantaged youth by equipping youth workers, teachers, and social workers with the tools and training necessary to provide comprehensive support. The project focuses on addressing the mental health challenges faced by young people due to social, cultural, and economic disadvantages, especially in times of crisis such as natural disasters or health emergencies. Through the development of a structured curriculum, digital learning tools, and targeted interventions, YouHealth seeks to improve the capacity of professionals working with these youth to help them navigate stress, anxiety, and other mental health issues, fostering a healthier and more resilient future for disadvantaged communities.

YouHealth is a 24-month-long European project, funded by the Erasmus+ programme and coordinated by Tepebaşı Sosyal Yardımlaşma ve Dayanışma Vakfı. The project activities will be implemented throughout 4 different countries: Austria, Germany, Slovenia and Turkey.



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The WP2 will be led by Mozaik (TR) and conducted by all the partner countries create an in depth understanding of the exact training needs, gaps and requirements of teachers from diverse and professional backgrounds, as well as adult educators, youth workers, and other relevant stakeholders. This will help to determine their training needs.

The WP3 will be led by Drustvo Mozaik and conducted by all the partner countries to create, develop and evaluate the training curriculum package The objective of WP3 is to design, develop, and assess a training curriculum package, which consists of training modules, materials, and tools.

The WP4 will be led by ZiB and conducted by all the partner countries to create an online learning platform. The objective of the project is to improve the training supports and contents of youth workers and educators and enhance their ability to support children's mental health during and after public health and disaster emergencies.

The WP5 will be led by Uni Innsbruck and conducted by all the partner countries to create a guide targeted to youth trainers to implement and understand the YouHealth outcome: The guide, titled "Youth Mental Health Support Toolkit" is aimed at providing guidance to youth workers and youth training centres on how to integrate mental health support for young people during and after public health and disaster emergencies.



The partnership of the YouHealth project is composed by:

Project Coordinator: Tepebaşı İlçesi Sosyal Yardımlaşma ve Dayanışma Vakfı (Türkiye)

Project Partners:

- Društvo Mozaik (Slovenia)
- Mozaik İnsan Kaynakları Geliştirme Derneği (Türkiye)
- University of Innsbruck (Austria)
- ZiB-Zentrum für interkulturelle Bildung und Arbeit e.V. (Germany)

STAY TUNED TO HEAR MORE FROM OUR PROJECT !

